



Powered by FollowMyHealth Patient Portal

Patient proxy or Power of Attorney? Access medical information online.

Welcome to the all-in-one health record and patient portal that lets you, as the representative (proxy) for your child or a dependent adult, access health information and make informed decisions.

Get started...

- 1** **Ask us for a consent form.** Sign and return it to us before you leave today and provide us with your email address.
- 2** **Click the registration link in the email you receive from noreply@followmyhealth.com and create your login**
- 3** **Enter the invitation code** provided by your medical organization and click "Agree" to the release of information.

24/7 anywhere, anytime access
Via computer, smartphone or tablet

With My OneCare, you can:

- View test and lab results
- Receive post discharge care instructions
- Manage health conditions on the go
- Receive email care reminders
- Keep your loved one's health information in one spot

Questions?

Please call: 888-670-9775

To login to medical information as a proxy or Power of Attorney, visit:

KentuckyOneHealth.followmyhealth.com

Access your loved one's medical information from your smartphone.

Download the free portal app at your Apple or Android store. Enter FollowMyHealth in the search field.



Does your child or dependent adult already have a portal account? You can add our hospital to an existing account to connect the hospital information.

If you didn't receive an email invite, create an account at KentuckyOneHealth.followmyhealth.com. When prompted, search for us using your zip code.



KentuckyOne Health®