**SKIN ALERT PROTOCOL**

Low Risk (15-16) Moderate (13-14) or High Risk (< 12) on Braden Risk Assessment

- **Turn every 2 hours minimum** - Document on Intentional rounding flow sheet
- **Limit sitting time** to 2 hours (reposition every hour and remind pt to reposition themselves more frequently) Document on intentional rounding flow sheet.
- Use pressure reduction cushion when sitting.
- **Keep HOB ≤ 30 degrees except for meals**
- Use Maxi Slide, "No lift" Boosters, or pull pads and keep linens smooth.
- Encourage socks and underwear to reduce friction.
- Use pillows to relieve bony prominence pressure.
- **Keep heels off the bed Document on flow sheet**.
- Avoid massaging reddened areas.
- **Check for incontinence** during intentional rounding and PRN.
- Consider Foley catheter for pts with Stage 2, 3, 4, Unstageable, & Deep Tissue Injury.
- Consider fecal incontinence pouch or Flexiseal for stool incontinence.
- Use Aloe-Vestal 2 in 1 Body Wash / Shampoo.
- Use Skin Care Algorithm as indicated.
- **Dietary consult** for Stage 2, 3, 4, Unstageable, Deep Tissue Injury and Nutrition Score of 1-Very Poor or 2 - Probably Inadequate on Braden Scale
- Diabetes consult if BG>180mg/dl two times or more per 24 hr period.
- Consider PT / OT screen to improve mobility.
- Provide patient & family education/ communication about skin break down prevention.
- **Order Specialty bed** if indicated:
  - High risk Braden Score
  - Limited ability to turn
  - Bed rest or chair fast
  - Existing Stage 2, 3, 4, Unstageable, ulcers &DTI
  - Weight >300lbs or skin breakdown involving more than one surface

**SPECIALTY BED GUIDE**

<table>
<thead>
<tr>
<th>Type of Bed</th>
<th>Weight</th>
<th>SHH</th>
<th>SJH</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advanta</td>
<td>&lt; 300 lbs</td>
<td>Have in house</td>
<td>Not available</td>
</tr>
<tr>
<td>Zone Air</td>
<td>&lt;300lbs</td>
<td>Have in house</td>
<td>Not available</td>
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<tr>
<td>VersaCare</td>
<td>&lt; 475</td>
<td>Have in house</td>
<td>Not available</td>
</tr>
<tr>
<td>Eclipse</td>
<td>&lt; 300 lbs</td>
<td>Order from Hill Rom</td>
<td>Order from Hill Rom</td>
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<tr>
<td>Envision (new 2009)</td>
<td>&lt;400lbs</td>
<td>Order from Hill Rom</td>
<td>Order from Hill Rom</td>
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<tr>
<td>Cliniron</td>
<td>&lt;350lbs* check with WOCN first</td>
<td>Order from Hill Rom</td>
<td>Order from Hill Rom</td>
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<tr>
<td>Total Care</td>
<td>460 lbs</td>
<td>Have in house 6 Onc. Cr Care</td>
<td>Have in house ICU</td>
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<tr>
<td>Total Care Bariatric Plus</td>
<td>460 lbs</td>
<td>Order from Hill Rom</td>
<td>Have 1 in ICU/Order from HR</td>
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<tr>
<td>Total care Sport</td>
<td>460 lbs ICU only</td>
<td>Have in house Cr Care</td>
<td>Have in house Cr Care</td>
</tr>
<tr>
<td>Excel- Hill Rom</td>
<td>1000lbs</td>
<td>Not available</td>
<td>Have in house(4)</td>
</tr>
<tr>
<td>Mighty air for floor</td>
<td>1000 lbs expandable size 39-48 inches</td>
<td>Order from Size wise</td>
<td>Order from Size wise</td>
</tr>
<tr>
<td>Big turn for Critical Care</td>
<td>1000lbs</td>
<td>Order from Sizewise</td>
<td>Order from Sizewise</td>
</tr>
<tr>
<td>Bari lift for immobile pts</td>
<td>1000lbs</td>
<td>Order from Size wise</td>
<td>Order from Size wise</td>
</tr>
<tr>
<td>Sleeper recliner</td>
<td>1000lbs</td>
<td>Order from Size wise</td>
<td>Order from Size wise</td>
</tr>
<tr>
<td>W/C, commode, walker</td>
<td>1000lbs</td>
<td>Order from Size wise</td>
<td>Order from Size wise</td>
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- **Bed rest or chair fast**
- **Existing Stage 2, 3, 4, Unstageable, ulcers &DTI**
- **Weight >300lbs or skin breakdown involving more than one surface**

**BRADEN RISK ASSESSMENT SCALE**

<table>
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<tbody>
<tr>
<td>Unresponsive to pain OR limited ability to feel pain over most of body</td>
<td>Responds only to pain. Cannot communicate except by moaning, etc. OR limited ability to feel pain in half body</td>
<td>Responds to verbal commands, but cannot always communicate Discomfort OR limited ability to feel pain in 1-2 extremities</td>
<td>Responds to verbal commands. Able to feel and voice discomfort.</td>
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<tr>
<td>Skin is moist almost constantly by urine, perspiration, etc.</td>
<td>Skin often moist, but not always. Linen changed once per shift.</td>
<td>Skin occasionally moist Linen changed daily.</td>
<td>Skin dry. Linen changed at routine intervals.</td>
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<tbody>
<tr>
<td>Confined to bed.</td>
<td>Cannot bear own weight OR must be assisted into chair.</td>
<td>Walks occasional, short distances. Majority of time in bed or chair</td>
<td>Walks outside room twice a day and inside room every 2 hours while awake.</td>
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<tbody>
<tr>
<td>Does not make changes in position without assistance.</td>
<td>Makes occasional slight position changes, but needs help to make significant changes.</td>
<td>Makes frequent, though slight position changes independently.</td>
<td>Makes major and frequent position changes without assistance.</td>
<td></td>
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<tr>
<td>Rarely eats &gt;1/3 food. Eats &lt;2 meat or dairy servings daily. Takes fluids poorly. No liquid dietary supplement. OR is NPO or clear liquids for &gt;5 days.</td>
<td>Eats only half of food. Only 3 meat or dairy servings daily. Occasionally drinks dietary supplement. OR &lt; optimal liquid diet or tube feeding.</td>
<td>Eats over half of meals. Eats 4 dairy or meat servings daily. Occasionally refuses meal, but will usually drink diet supplement. OR likely adequate tube feeding or TPN</td>
<td>Never refuses and eats most of meals. Eats 4 meat or dairy servings daily. Occasionally eats between meals. Does not need supplementation.</td>
<td></td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th>Friction &amp; Shear</th>
<th>1. Problem</th>
<th>2. Potential Problem</th>
<th>3. No Apparent Problem</th>
</tr>
</thead>
<tbody>
<tr>
<td>Requires moderate to max assist to move. Slides against sheets during lift. Often slides in bed or chair. Spasticity or agitation leads to almost constant friction.</td>
<td>Moves feebly or needs minimal assist. Skin probably slides against sheets during lift. Occasionally slides down in bed or chair.</td>
<td>Moves independently and can lift completely during move. Does not slide in bed or chair.</td>
<td></td>
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