

**DIABETES AND NUTRITION CARE PROGRAM
 PHYSICIAN ORDER for DIABETES SELF MANAGEMENT EDUCATION (DSME/T)
 OR MEDICAL NUTRITION THERAPY SERVICES (MNT)**

Referral good for 6 months

PLEASE FAX COMPLETED / SIGNED ORDER TO:		
LOUISVILLE/SHELBYVILLE: 502.560.8419	LEXINGTON / BEREA / MT. STERLING AREA: 859.313.4390	LONDON: 606.330.6026
IF QUESTIONS, CALL: 502.587.4465	859.313.2393	606.330.6862

PATIENT NAME: _____ PHONE #: _____

ADDRESS: _____ CITY/STATE/ZIP: _____

 MALE FEMALE DOB: _____

INSURANCE: _____ (attach copy of card & photo ID)

 CHECK HERE IF SELF-PAY: If pre-authorization is required, physician office is to complete.

DIAGNOSIS: PLACE CHECK TO THE LEFT OF THE APPROPRIATE CODE(s) (write in code & DX for Other)

DIABETES SELF MANAGEMENT (DSME/T)		MEDICAL NUTRITION THERAPY (MNT)	
<i>Type 2 Diabetes: (see back for other codes)</i> A1C _____%		<i>Nutrition needs: (see back for other codes)</i> Height ____ Weight ____ BMI ____	
E11.9	Controlled without complications	E66.9	Obese due to excess calories
E11.65	Uncontrolled with hyperglycemia	E66.01	Morbid obesity due to excess calories
E11.8	Uncontrolled with unspecific complications	E66.3	Overweight
R73.09	Other abnormal fasting glucose	E78	Hyperlipidemia code: _____
R73.03	Prediabetes	R63.4	Abnormal weight loss
	Other: _____	K90.0	Celiac
	Other: _____	N18	CKD code _____
<i>Type 1 Diabetes: (see back for other codes)</i> A1C _____%		Z68	Add BMI adult code: _____
E10.9	Type 1 Diabetes, controlled	K31.84	Gastroparesis
E10.65	Type 1 Diabetes, uncontrolled	K50.9	Crohn's Disease, unspecified
	Other: _____	K58.0	Irritable Bowel Syndrome code: _____
	Other: _____	Z91.0	Food Allergy code: _____
			Other: _____
SEE BACK FOR OTHER CODES			

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- DSME/T EDUCATION:**
- (with MNT - up to 10 hrs) (education based on pt. preference & location)
-
- CPT G0109**
-
-
- Diabetes Refresher**
- (1-2 hrs; if attended class before)
-
-
- OTHER:**
- _____

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- INITIAL MNT EDUCATION**
- (education based on diagnosis checked above, provided as individual session (30" - 3 hrs)
- CPT 97802**
-
-
- FODMAP DIET EDUCATION CLASS SERIES**
- (2 class series of 1 hour each with one follow up session; further follow up based on need)

 If group class not appropriate, check reason below for individual session (**Individual diabetes CPT G0108**):

-
- Vision
-
- Hearing
-
- Physical
-
- Cognitive impairment
-
- Language
-
- OTHER: _____

Based on Medicare DSMT and MNT ELIGIBILITY CRITERIA, must have ONE of diabetes diagnostic criteria as: FBG > 126 mg/dl on 2 tests; **OR** 2-hr post OGTT >200mg/dl on 2 tests; **OR** Random glucose >200mg/dl with symptoms of uncontrolled diabetes. GFR provided for Renal.
 Obesity is >30BMI required for Medicare eligibility. **PLEASE ATTACH APPROPRIATE LAB WORK**

OTHER EDUCATIONAL NEEDS:

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- Start Insulin or Injectable Medication of: _____ DOSE: _____
-
-
- Insulin Pump (includes: 1hr assessment; 1hr carb counting; 2.5hr pump start; follow-up; CDE determines further need); CDE to send order form for basal/bolus rates
-
-
- Insulin Pump refresher (up to 2hrs)
-
-
- Insulin management with Blood Glucose pattern management and monitoring (up to 2 hrs)

Physician Printed Name: _____ NPI#: _____

Physician Signature/credential: _____ Date: _____

Practice Name: _____ Phone #: _____ Fax #: _____

Physicians Orders



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ICD-10 DIAGNOSTIC CODES RE: TO DIABETES & MEDICAL NUTRITION THERAPY

<p>DIABETES:</p> <p>E10. _____ Type 1 Diabetes Mellitus</p> <p>E10.1 Type 1 Diabetes Mellitus with ketoacidosis</p> <p>E10.2 Type 1 Diabetes Mellitus with kidney complications</p> <p>E10.3 Type 1 Diabetes Mellitus with neurological complications</p> <p>E10.6 Type 1 Diabetes Mellitus with other specified complications</p> <p>E10.64 Type 1 Diabetes Mellitus with hypoglycemia</p> <p>E10.65 Type 1 Diabetes Mellitus with hyperglycemia</p> <p>E10.8 Type 1 Diabetes Mellitus with unspecified complications</p> <p>E10.9 Type 1 Diabetes Mellitus without complications</p> <p>E11. _____ Type 2 Diabetes Mellitus</p> <p>E11.0 Type 2 Diabetes Mellitus with hyperosmolarity</p> <p>E11.3 Type 2 Diabetes Mellitus with ophthalmic complications</p> <p>E11.4 Type 2 Diabetes Mellitus with neurological complications</p> <p>E11.5 Type 2 Diabetes Mellitus with circulatory complications</p> <p>E11.2 With kidney complications</p> <p>E11.64 With Hypoglycemia</p> <p>E16.1 Other Hypoglycemia</p> <p>E16.2 Hypoglycemia, unspecified</p> <p>R73.02 Impaired glucose tolerance test (oral)</p> <p>R73.01 Impaired fasting blood glucose</p> <p>KIDNEY DISEASE:</p> <p>N18.5 Chronic kidney disease, stage 5</p> <p>N18.4 Chronic kidney disease, stage 4</p> <p>N18.3 Chronic kidney disease, stage 3</p> <p>N18.2 Chronic kidney disease, stage 2</p> <p>N18.1 Chronic kidney disease, stage 1</p> <p>MEDICARE INTENSIVE BEHAVIORAL THERAPY (IBT) FOR OBESITY:</p> <p>Z68.30 BMI 30.0-30.9, adult</p> <p>Z68.31 BMI 31.0-31.9, adult</p> <p>Z68.32 BMI 32.0-32.9, adult</p> <p>Z68.33 BMI 33.0-33.9, adult</p> <p>Z68.34 BMI 34.0-34.9, adult</p> <p>Z68.35 BMI 35.0-35.9, adult</p> <p>Z68.36 BMI 36.0-36.9, adult</p> <p>Z68.37 BMI 37.0-37.9, adult</p> <p>Z68.38 BMI 38.0-38.9, adult</p> <p>Z68.39 BMI 39.0-39.9, adult</p> <p>Z68.41 BMI 40.0-44.9, adult</p> <p>Z68.42 BMI 45.0-49.9, adult</p> <p>Z68.43 BMI 50.0-59.9, adult</p> <p>Z68.44 BMI 60.0-69.9, adult</p> <p>Z68.45 BMI >70.0, adult</p> <p>Z68.1 BMI 19 or less, adult</p> <p>Z91.010 Food Allergy to peanuts</p> <p>Z91.011 Food Allergy to milk products</p> <p>Z91.012 Food Allergy to eggs</p> <p>Z91.013 Food Allergy to seafood</p> <p>Z91.018 Food Allergy to other foods</p>	<p>OTHER:</p> <p>E28.2 PCOS</p> <p>E66.8 Other Obesity</p> <p>E66.9 Obesity, unspecified, obesity NOS</p> <p>R63.5 Abnormal weight gain, not pregnancy</p> <p>R63.6 Underweight</p> <p>I10 _____ Essential (primary) hypertension</p> <p>I11.0 Hypertensive heart disease with (congestive) heart failure</p> <p>I11.9 Hypertensive heart disease without (congestive) heart failure</p> <p>I12 Hypertensive chronic kidney disease</p> <p>I50 Heart Failure</p> <p>E78.0 Pure hypercholesterolemia</p> <p>E78.4 Other hyperlipidemia</p> <p>E78.5 Hyperlipidemia, unspecified</p> <p>E78.8 Other disorders of lipoprotein metabolism, unspecified</p> <p>E78.9 Disorder of lipoprotein metabolism, unspecified</p> <p>E88.81 Metabolic Syndrome</p> <p>K20 Eosinophilic Esophagitis</p> <p>K25 Gastric ulcer</p> <p>K27 Peptic ulcer, site unspecified</p> <p>K50.0 Crohn's disease of small intestine</p> <p>K50.1 Crohn's disease of large intestine</p> <p>K50.8 Crohn's disease of both small and large intestine</p> <p>K50.9 Crohn's disease, unspecified</p> <p>K51.9 Ulcerative Colitis, unspecified</p> <p>K57.1 Diverticulosis of small intestine without perforation or abscess</p> <p>K57.3 Diverticulosis of large intestine without perforation or abscess</p> <p>K58 Irritable bowel syndrome, with diarrhea</p> <p>K58.9 Irritable bowel syndrome, without diarrhea</p> <p>D50.8 Other iron deficiency anemias (due to inadequate iron intake)</p> <p>D50.9 Iron deficiency anemia, unspecified</p> <p>D51.3 Other dietary vitamin B12 deficiency anemia (vegan anemia)</p> <p>D52.0 Dietary folate anemia</p> <p>D53.0 Protein deficiency anemia</p> <p>D53.9 Nutrition anemia, unspecified (simple chronic anemia)</p> <p>D64.9 Anemia, unspecified</p>
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Physicians Orders



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