The purpose of this resource book is to provide healthcare providers a current list of available resources for residents in Madison County, Jackson County, and Rockcastle County. Resources for substance abuse recovery in Fayette County were included as well.

This resource book was created by Berea College Nursing Majors, Ashley Shackelford and Erin Phillips, under the supervision of Flora Washburn, St. Joseph Berea staff member, and Dr. Lisa Turner, Berea College Nursing Faculty.

This book was last updated on 6/15/2013.
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Hotline Numbers

Adult Abuse Hotline: 1-800-752-6200
Child Abuse
  (Childhelp): 1-800-422-4453
  Whom They Help: Child abuse victims, parents, concerned individuals
State Child Abuse Report Hotline: 1-800-752-6200
Child Sexual Abuse
  (Darkness to Light): 1-866-367-5444
  Whom They Help: Children and adults needing local information or resources about sexual abuse
Family Violence
  (National Domestic Violence Hotline): 1-800-799-7233
  Whom They Help: Children, parents, friends, offenders
Help For Parents
  (National Parent Helpline): 1-855-427-2736
  (Available 10 a.m. to 7 p.m., PST, weekdays)
  Whom They Help: Parents and caregivers needing emotional support and links to resources
Human Trafficking
  (National Human Trafficking Hotline): 1-888-373-7888
  Whom They Help: Victims of human trafficking and those reporting potential trafficking situations
Mental Illness
  (National Alliance on Mental Illness): 1-800-950-6264
  Whom They Help: Individuals, families, professionals
  Participation Station Warm Line: (877) 840-5167
  Non-emergency line, for those who need a listening ear.
Missing/Abducted Children
  (Child Find of America): 1-800-426-5678
  Whom They Help: Parents reporting lost or abducted children, including parental abductions
  (Child Find of America—Mediation): 1-800-292-9688
  Whom They Help: Parents (abduction, prevention, child custody issues)
  (National Center for Missing and Exploited Children): 1-800-843-5678
  Whom They Help: Families and professionals (social services, law enforcement)
Rape/Incest
  Rape, Abuse & Incest National Network (RAINN): 1-800-656-4673
  Whom They Help: Rape and incest victims, media, policymakers, concerned individuals
Substance Abuse
  National Alcohol and Substance Abuse Information Center: 1-800-784-6776
  Whom They Help: Families, professionals, media, policymakers, concerned individuals
Suicide Prevention
  National Suicide Prevention Lifeline: 1-800-273-8255
  Whom They Help: Families, concerned individuals
Youth in Trouble/Runaway
  National Runaway Switchboard: 1-800-786-2929
  Whom They Help: Runaway and homeless youth, families
Agricultural/Nutritional Services

Jackson County

Jackson County Cooperative Extension
Phone: (606) 287-7693
Fax: (606) 287-7694
Hours: 8:00 am- 4:30 pm (closed for lunch from 12-12:30) Monday- Friday
Services: We deliver information, education, and solutions. And we grow ideas into better communities, stronger local economies, and healthier lives.
Web Address: http://ces.ca.uky.edu/jackson/

Jackson County Conservation District
Phone: (606) 287-4284
Fax: (606) 287-1580
Hours: 8:00 AM- 4:00 PM Monday- Thursday and 8:00 AM-3:00 PM Friday
Services: JCCD works with landowners, farmers, government agencies and non-governmental organizations in many different ways. Here’s a brief rundown on the programs we’re involved with: Built dams that are keeping flood water out of Mckee Provide technical assistance to address resource concerns
Web Address: http://www.jacksoncountyky.us/community/conservation_district.html

Alcohol/Substance Abuse

Fayette County

Chrysalis House
Address: 1589 Hill Rise Drive Lexington, Kentucky  40504
Phone: (859) 254-6026
Web Address: http://www.chrysalishouse.org/
Services: Chrysalis House specializes in treating substance dependent expecting mothers, allowing them to keep their newborns and toddlers with them while in treatment. Substance abuse programs, domestic violence counseling, employment, educations, housing.

The Ridge
Address: 3050 Rio Dosa Drive Lexington KY 40509
Phone: (859) 269-2325
Fax: (859) 268-6456
Web Address: http://www.ridgebhs.com/
Services: Provides inpatient services for: older adult, adult psychiatric services, adult chemical dependence, adolescent psychiatric, adolescent chemical dependency, child psychiatric. The Ridge
provides outpatient services for: adult PHP/IOP, adolescent PHP/IOP, older adult PHP/IOP, and suboxone treatment center. Accept Medicare, Medicaid, and most commercial insurances.

**George Privett Recovery Center (for men)**
Address: 250 West Loudon Ave. Lexington KY 40508
Phone: (859) 225-4673
Fax: (859) 225-0785
Services: The program provides a long-term recovery approach that is both peer-driven and professionally supervised. It teaches the Twelve Steps of Alcoholics Anonymous and the Recovery Dynamics curriculum in a community atmosphere that emphasizes both personal responsibility and mutual accountability. This program works under the Hope Center.

**Ball-Quantrell Jones Recovery Center (for women)**
Address: 1524 Versailles Rd. Lexington KY 40504
Phone: (859) 252-2002
Fax: (859) 252-2592
Services: The Recovery Program for Women is based on the same peer-driven, professionally supervised model as the men's program. It features SOS (supportive, safe environment to gain sobriety) instead of a detoxification center, adds several gender-specific features, and includes a health clinic. This program works under the Hope Center.

**Madison County**

**Bluegrass Prevention**
Address: 401 Gibson Lane Richmond, KY 40475-2577
Phone Number: 859 624-3622
Hours: Monday-Friday, 8-4:30
Services: Early Intervention Program on Alcohol, tobacco, and/or other Drugs for Youth under 21, First Time Offenders, Substance Abuse Education and Prevention Services for Individuals of All Ages
Contact Persons:
- Donna Wiesenhahn - Program Director, email: djwiesenha@bluegrass.org
- Laura Nagle – Coordinator, email: lmnagle@bluegrass.org

**Liberty Place**
Address: 218 Lake Street Richmond, KY 40475
Phone: 859-625-0104
Hours:
Web Address: http://www.foothillscap.org/Services/LibertyPlace.html
Services: Long-term substance abuse recovery program for women. This program provides support and hope for women recovering from drug and alcohol addiction.
Contact Person: Jerri Allison
**Jackson County**

**Keep It Simple Group at the McKee Reform Church**
Meeting times: Wednesdays at 8 PM and Sunday at 8PM  
Service: Alcoholics Anonymous Support Group

**Rocky Hill Heights**
Phone: (606) 287-8777  
Address: 1405 Roberts Court, McKee, KY40447  
Services: AA/NA Meetings  
Meeting times: Mondays at 7PM

**Alternative/Complementary Therapies**

**Madison County**

**Heart for Healing (Previously Seeds for Health)**
Address: 122 Main St Berea, KY 40403  
Phone Number: (859) 625-4486  
Hours: Monday-Friday 9-5:30  
*Holistic Nursing, Integrated Nurse Coach, Real Food Advocacy  
*Assisting those seeking peace, love, and healing within themselves, with others, and with their environment.  
*Many begin the journey by focusing on:  
  • Quality of Life - optimal wellness; relaxation and stress management; achieving your life goals; or personal development or  
  • Life Challenges - at home, work, and in relationships; illness; preparation and recovery from surgery; preparing for the end of life.

**Berea Healing Arts**
Address: 122 Main Street Berea, Kentucky 40403  
Service People:  
  • Brian McDonald, MSW, LCSW, Child and Adolescent Therapist, (859) 582-0324, brianbmcdonald@gmail.com, www.brianmcdonaldlcsw.com  
  • Center for Mindful Living Practices, Carol Peachee, M.A., integrative behavioral health services, (859) 338-5757, www.mindfullivingpractices.com  
  • Community Acupuncture Berea, Douglas MacLaren, KY Medical Board-Certified Acupuncturist, (859) 986-0098, CAB@caberea.com, www.acuberea.com  
  • Create A Change Counseling, Carol Poston, Marriage and Family Therapist Associate, (859) 582-0922, casposton@gmail.com  
  • Elemental Heart Therapeutic Massage and Bodywork, Steve Parsley, LMT, (859)-353-7180; Heather Richardson, LMT, (606) 416-1824; elementalheartmassage@gmail.com
- Harmon Chiropractic, Dave Harmon, DC, (859) 986-5636
- Joanna Juzwik, Intuitive Consultant, (859) 986-8686, inquiries@joannajuzwik.com, www.joannajuzwik.com,
- Seeds for Health Holistic Nursing Services and Heart for Healing, M. Hunter Purdy, RN, HNB-BC, (859) 625-4486, seedsforhealth@gmail.com
- Zoe MacLaren, MS, RYT, Certified Kripalu Yoga Instructor, (859) 986-0098, www.zoeyoga.com

Services: Berea Healing Arts is a collection of independent practitioners providing therapeutic services on college square in Berea, Kentucky. We share a commitment to holistic care, integrating mind, body and spirit. Services include acupuncture, yoga, chiropractic work, counseling for all ages, intuitive consultation, massage and bodywork.

## Child Care

### Fayette County

**The Ridge**

Address: 3050 Rio Dosa Drive Lexington KY 40509  
Phone: (859) 269-2325  
Fax: (859) 268-6456  
Web Address: http://www.ridgebhs.com/  
Services: Provides inpatient services for: older adult, adult psychiatric services, adult chemical dependence, adolescent psychiatric, adolescent chemical dependency, child psychiatric. The Ridge provides outpatient services for: adult PHP/IOP, adolescent PHP/IOP, older adult PHP/IOP, and suboxone treatment center. Accepts Medicare, Medicaid, and most commercial insurances.

### Madison County

**Afterschool Program**

Address: 409 Gibson Lane Richmond, KY 40475-2577  
Phone Number: 859-623-1910  
Hours: Monday-Thursday 2:30-5:30; Friday/When school is out: 8-4:30  
Services for Children with severe emotional disabilities  
Contact persons:
  - Mary Ann Long, program director, email: malong@bluegrass.org  
  - Tony Miller, program director, email: samiller@bluegrass.org

**Children’s Intensive Treatment Team**

Address: 411 Gibson Lane Richmond, KY 40475-1328  
Phone: 859-626-5030  
Hours: Monday-Friday 8-5:30  
Services: Intensive Outpatient Services for Children and their Families  
Contact Person: Michael Lewis - Team Leader, email: mplewis@bluegrass.org
Madison’s Children Services
Address: 409/411 Gibson Lane Richmond, KY 40475-2577
Phone: 859 626-5030
Hours:
Services: Individual Children and Families, School Support, In Home Services
Contact Person: Donna Ely - Clinical Coordinator, email: dlely@bluegrass.org

Head Start
Address: 501 South Keeneland Drive Richmond, KY 40475
Phone: 859-623-7233
Hours:
Web Address: http://www.foothillscap.org/Services/HeadStartMainPage.html
Services: Positive educational, social and health interventions help children, youth, and their families succeed in school and life. KRFDC is dedicated to improving the lives of children and youth. The agency’s Head Start program helps economically disadvantaged children from birth to 5 years old develop educational and social skills.
Contact Person: John Roden, email: john.roden@headstart1.org

Richmond Child Care Center
Address: 220 Ducannon Lane Richmond, KY 40475
Phone: 859-624-0368
Hours: Monday-Friday 6-6
Web Address: http://www.foothillscap.org/Services/RCCC.html
Services: The Richmond Child Care Center is centrally located in the Richmond Industrial Park to serve the childcare needs of working parents. The center is a cooperative effort between KRFDC and the City of Richmond.
Contact Person: Kathy Shew, email: kshew@foothillscap.org

Community Based Services

Jackson County
Phone: 606-287-7114
Services: Make a child abuse or neglect report as well as inquire about food stamps, medical cards, etc.

Madison County
Phone: 859-986-8411
859-623-1204
Services: Make a child abuse or neglect report as well as inquire about food stamps, medical cards, etc.

Rockcastle County
Phone: 606-256-2138
Services: Make a child abuse or neglect report as well as inquire about food stamps, medical cards, etc.
Domestic Abuse

**Fayette County**

**Bluegrass Domestic Violence Program**
Address: P O Box 55190 Lexington, KY 40555  
Phone: 1-800-544-2022  
Contact: Darlene Thomas

Address: 4400 Briar Hill Road Lexington KY 40516  
Phone: (859) 233-0657  
Web Address: http://beyondtheviolence.com/  
Services: The Bluegrass Domestic Violence Program, Inc. (BDVP) is an advocacy agency committed to ending intimate partner abuse and its impact on families and our community. We provide a comprehensive, holistic approach to meeting the needs of victims of intimate partner abuse as they strive to find healing and rebuild their lives as survivors. Also provides shelter for victims.

**Madison County**

**Hope’s Wings Domestic Violence Program**
Address: P.O. Box 488, Richmond, KY 40476  
Phone: 859-623-4095  
Crisis Hot-line: 877-HOPE-040  
Email: info@hopeswings.org  
Services: crisis intervention, emergency shelter, transitional housing, court and medical advocacy, child advocacy, counseling, transitional housing, support groups, educational groups, and community education and awareness.

**YWCA Spouse Abuse Center**
Phone: 800-544-2022

**Rockcastle County**

**Family Life Abuse Center**  
Christian Appalachian Project  
Address: P.O. Box 674, Mt. Vernon, KY 40456  
Phone: (606) 256-9511  
Crisis line: (800) 755-5348  
Services: Family Life Abuse Center (FLAC) is a 16-bed emergency shelter and advocacy center for victims of domestic violence and their dependent children. The Center serves Bell, Clay, Harlan, Jackson, Knox, Laurel, Rockcastle, and Whitley counties (Cumberland Valley Area Development District). FLAC provides
a safe, secure living environment with food, clothing, and the basis necessities at no charge to the victim. FLAC staff is ready 24 hours per day to respond to the center’s toll-free hotline for crisis intervention which helping victims of Domestic Violence and their children lead a life free of abuse.

**Education**

*Madison County*

**Project Read**
Address: 2150 Lexington Rd Richmond KY 40475  
Phone: 859-623-4905  
Hours:  
Web Address: http://projectreadky.org/  
Services: Project Read’s mission is to help undereducated adults in the Madison County community learn or improve their basic literacy and/or English-speaking skills by providing free one-on-one or group tutoring.

**Family/Pregnancy Services**

*Jackson County*

**Jackson County Health Department**
Phone: 606-287-8421  
Fax: 606-287-4199  
Hours: 8 AM-4:30 PM Monday-Friday  
Web Address: http://www.jacksoncountyky.us/community/health_center.html  
Services: Family Planning  
  - Folic Acid Counseling and Supplementation  
  - Preconception Care/Counseling  
  - Women, Infant, Children Program (WIC)  
  - Comprehensive Prenatal Phenylketoruria (PKU)  
  - School-Based Clinics  
  - Health Access Nurturing Development Services (HANDS)  
  - Immunization  
  - School and Community Health Education

**Family Support**
Mailing Address: PO Box 248  
Physical Address: 1038 McCammon Ridge Rd., McKee, KY 40447-0248  
Contact: Kristen Miller at (606) 287-7131  
Fax: (606) 287-4113
**Protection and Permanency**

Mailing Address: PO Box 340  
Physical Address: 1038 McCammon Ridge Rd. McKee, KY 40447-0340  
Contact: Kimberly Collett at (606) 287-7114  
Fax: (606) 287-4475

**Madison County**

**Madison County Health Department**

Phone: Richmond: 859-623-7312; Berea: 859-986-1192  
Hours: 8 AM-4:30 PM Monday-Friday  
Web Address: http://www.madisoncountyhealthdept.org/  
Services: Health services for women (i.e. breast & cervical cancer screenings, breastfeeding education & support, family planning, HANDS program for first-time parents, pregnancy tests, WIC). See website for full listing of services.

**Rockcastle County**

**Family Support**

Physical Address: 45 Hwy 150  
Mailing Address: PO Box 1019 Mt. Vernon, KY 40456-1019  
Contact: Roger Caldwell at (606) 256-2481  
Fax: (606) 256-3475

**Protection and Permanency**

Physical Address: 125 West Main Street  
Mailing Address: PO Box 1407 Mt. Vernon, KY 40456-1407  
Contact: Amy Yates at (606) 256-2138  
Fax: (606) 256-2188

**Food Assistance**

**Jackson County**

**Jackson County Food Bank, Inc.**

Address: Hwy. 421, P.O. Box 452, McKee, KY 40447  
Phone: (606) 287-8336  
Services: Food pantry.
Madison County

Berea Food Bank
Hours: Monday, Wednesday 12-2, Friday 10-12
Address: 103 Parkway Berea, KY 40403
Phone Number: 859-985-1903
Web Address: http://www.bereaoutreach.org/buurr.html
*May receive a week’s worth of groceries up to three times in a 6 month period.
*In order to receive benefits from the Food Bank you need to have with you:
  • Driver’s License or other photo ID
  • Social Security Card for all adults in household
  • Piece of recent mail verifying current address

God’s Outreach
Address: 1512 East Main Street; Richmond, KY 40475
Phone: (859) 623-2220
Hours: Monday-Wednesday, 9-12
Web Address: http://www.godsoutreach.com/
Services: GOD’S OUTREACH Madison County Food Bank is a non-profit organization that tangibly expresses its love and concern for people needing help with food assistance. There are several programs God’s Outreach has: Commodity Supplemental Food Program and Madison Backpack Club.

Home and Community Based Disease/Disorder Care

Fayette County

Fayette County Health Department
Phone: 859-252-2371
Hours: vary by service
Web Address: http://www.lexingtonhealthdepartment.org/
Services: Offer a variety of programs that provide numerous public health services, focusing on communicable disease control, emergency preparedness and health promotion. See website for full list of services.

Jackson County

Jackson County Health Department
Phone: 606-287-8421
Fax: 606-287-4199
Hours: 8 AM-6 PM Monday; 8 AM – 4:30 PM Tues-Thurs; 8 Am- 12 PM Fri
Web Address: http://www.jacksoncountyky.us/community/health_center.html
Services: Clinical health services
- Home Health
- Home Care
- Cardiovascular Diseases and Diabetes Mellitus
- Grief Counseling
- Medical Nutrition Therapy
- Chronic Disease
See website for details.

**Madison County**

**Madison County Health Department**
Phone: Richmond: 859-623-7312; Berea: 859-986-1192
Hours: 8 AM-4:30 PM Monday-Friday
Web Address: http://www.madisoncountyhealthdept.org/
Services: Health services for children, teens, and adults (i.e. Breastfeeding support, Diabetes Center of Excellence, HANDS program, WIC, Immunizations, screenings and tests for communicable disease and cancer), emergency preparedness, environmental health, MEPCO home health, and public health education. See website for full listing of services.

**Income Based Services**

**Jackson County**

**Jackson County Ministries**
Address: 4500 Highway 30W, P.O. Box 340, Annville, KY 40402
Phone: (606) 364-5151
Services: Low-income home repair program (homeless prevention); Clothing assistance.

**Madison County**

**BUURR (Bereans United for Utility and Rent Relief)**
Hours: Monday (12-2) by appointment
Address: 103 Parkway Berea, KY 40403
Phone Number: 859-985-1903
Web Address: http://www.bereaoutreach.org/buurr.html
*Provides partial assistance with rent and utility bills

**Frank Gailey Transient Aid Fund**
Address: 103 Parkway Berea, KY 40403
Phone Number: 859-985-1903
Web Address: http://www.bereaoutreach.org/buurr.html
*Provides emergency assistance for food, gas, and some temporary overnight housing for families and individuals passing through Berea. Vouchers may be obtained at participating churches which are then validated at the police dispatcher's office.

*Places to obtain vouchers:
  - Berea Baptist Church
  - Berea Friends Meeting
  - Berea United Methodist Church
  - First Christian Church (Disciples of Christ)
  - Glades Christian Church
  - Habitat for Humanity of Madison County
  - Hospice Care Plus
  - River of Life Foursquare Christian Church
  - St. Clare Catholic Church
  - St. Joseph Berea Hospital
  - Union Church
  - Westside Baptist Church

**Live United (United Way of the Bluegrass)**
Web Address: http://www.uwbg.org/
*Committed to helping people in Central Kentucky with Education, Income, and Health with a variety of programs.

**FamilyWise**
Web Address: http://www.uwbg.org/familywize
*Nearly 40% of the people in the United States in the last two years have either skipped filling a prescription or reduced doses because their medicine was too expensive. To address this issue across the Bluegrass, United Way has coordinated community-wide distribution of the free FamilyWize prescription discount cards.
*Free card to print and present to receive discount on prescription.
*On website you can find list of prescriptions that are covered and participating pharmacies.

**211**
Web Address: http://www.uwbg.org/united-way-2-1-1
*Available 24/7 in a multitude of languages, 211 connects callers with available resources so people can find food, housing, health care, senior services, child care, legal aid, volunteer opportunities, and much more.
*Instead of multiple calls leading to dead ends, with one call to 211, people can reach a trained specialist who assesses a caller’s full scope of needs and matches them to the right services. 211 also assist during times of disaster, providing critical information about evacuation routes, food, and shelter.
*United Way 2-1-1 is accessible through both land-lines and cell phones. If your phone system cannot connect to 2-1-1 or if you are calling from outside of Central Kentucky, please dial 859-313-5465.

**CKEEP (Central Kentucky Economic Empowerment Project)**
*Web Address: http://www.uwbg.org/ckeep
*Helps provide free tax preparation to low income families

**Low Income Home Energy Assistance Program (LIHEAP)**

Address: 123 Pine Street Richmond, Ky 40475  
Phone: 859-623-6514  
Hours:  
Web Address: http://chfs.ky.gov/dcbs/dfs/LIHEAP.htm  
Services: Assists income-eligible households with home heating costs through two different programs: Subsidy (typically in November and December) and Crisis (typically January through March). A third component to help with summer cooling costs is offered when funds are available.  
Contact Person: Carolyn Chapman, email: carolyn@foothillscap.org

**How To Apply**

To apply for assistance, participants must bring:  
1. their most recent heating bill or verification from their landlord that the heating expenses are included in their rent,  
2. a Social Security card or Permanent Residence card (Green Card) for each member of the household,  
3. a picture ID (driver’s license or state identification card), and  
4. proof of their household’s (all members) income for the preceding month

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**Clark, Estill, Madison and Powell Counties**

**Kentucky River Foothills Development Council, Inc.**

309 Spangler Drive, Richmond, KY 40475  
Phone: (859) 624-2046  
Web address: [http://www.foothillscap.org/index.html](http://www.foothillscap.org/index.html)  
Email: foothills@foothillscap.org

**Jackson and Rockcastle Counties**

**Daniel Boone Community Action Agency**

Phone: (606) 364-4484  
Transit: (606) 287-8505  
Services:  
- Community Service Block Grant (CSBG), Low Income Home Energy Assistance Program (LIHEAP), Transportation, Housing, Weatherization, Workforce Investment Act (WIA), Wintercare, Emergency Food & Shelter Program (EFSP), Tentant Based Rental Assistance (TBRA), Emergency Services Grant (ESG), Compassion Capital Grant  
Web Address: [http://danielboonecaa.org/service-areas](http://danielboonecaa.org/service-areas)

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**Mental Health**
Fayette County

The Ridge
Address: 3050 Rio Dosa Drive Lexington KY 40509
Phone: (859) 269-2325
Fax: (859) 268-6456
Web Address: http://www.ridgebhs.com/
Services: Provides inpatient services for: older adult, adult psychiatric services, adult chemical
dependence, adolescent psychiatric, adolescent chemical dependency, child psychiatric. The Ridge
provides outpatient services for: adult PHP/IOP, adolescent PHP/IOP, older adult PHP/IOP, and
suboxone treatment center. Accepts Medicare, Medicaid, and most commercial insurances.

Hope Center
Address: 360 West Loudon Ave. Lexington Ky 40508
Phone: (859) 252-7881
Fax: (859) 255-0749
Web Address: http://hopectr.org/
Services: Provides programs including: emergency shelter, recovery programs for men and women,
detention center recovery program, mental health program, social services, health clinic, employment
program, transitional housing program, Hispanic program, VA program, WARM (HIV) program, HillRise
Place Apartments, and Mobile Outreach.

Participation Station
Address: 869 Sparta Court Lexington, KY 40504
Phone: (859) 309-2856
Web Address: https://sites.google.com/site/participationstation/
Services: We offer peer support to those, like ourselves, who have had similar experiences in dealing
with a diagnosis of mental illness.

Jackson County

Cumberland River Comprehensive Care Center
McKee, KY
Phone: (606) 287-7137
Services: Community Mental Health Center; mental health assistance and service referrals; Substance
abuse services; mental retardation/developmentally delayed services; Supportive Community Living
programs; children's services; and First Steps / Early Intervention (CBIS). Services provided in all
counties in the Cumberland River ADD.
**Madison County**

**Bivins Place**
Address: Richmond, Ky 40475-1747  
Phone Number: 859-623-9065  
Services: Independent Living for Adults with Severe and Persistent Mental Illness  
Contact person: Kendis Smith, resident manager, email: ksmith@bluegrass.org

**Cardinal House**
Address: 405-407 Gibson Lane Richmond, KY 40475-2577  
Phone Number: 859 623-1328  
Hours: Monday-Friday 8-4  
Services: Therapeutic Rehabilitation Program for Adults with Severe and Persistent Mental Illness  
Contact Persons:  
- Adra Fisher - Program Director, email: alfisher@bluegrass.org  
- Heather Larrabee - Program Director, email: hrlarrabee@bluegrass.org

**Comprehensive Care Center**
Address: 415 Gibson Lane Richmond, KY 40475-2577  
Phone Number: 859-623-9367  
Hours: Monday-Friday, 8-5, evenings by appointment  
Services: Outpatient Mental Health Services, Intellectual and Developmental Disabilities and Substance Abuse Services, Case Management and Housing Support Services for Adults with Severe and Persistent Mental Illness, Children's Services, Consultation and Education, Courts and Jails, Emergency Services  
Contact Person: Shelia Albright - Clinical Coordinator, email: sralbright@bluegrass.org

**MARC Center/ MARC Graphics**
Address: 1695 East Main Street Richmond, KY 40475-2061  
Phone: 859-623-0308  
Hours: Monday-Friday, 8-4:30  
Services: Adult Day Training/Employment Services for Individuals with Intellectual Developmental Disabilities, Medication Treatment Services to Assist Individuals toward Recovery from Opioid Addiction  
Contact Person: Mary Evans – Supervisor, email: maevans@bluegrass.org

**Rockcastle County**

**Cumberland River Comprehensive Care Center**
Address: P.O. Box 758, Mt. Vernon, Kentucky 40456  
Phone: (606) 256-2129  
Services: Community Mental Health Center; mental health assistance and service referrals; Substance abuse services; mental retardation/developmentally delayed services; Supportive Community Living
programs; children's services; and First Steps / Early Intervention (CBIS). services provided in all counties in the Cumberland River ADD.

Other

**Madison County**

**Salvation Army**
Address: 1675 E. Main St. Richmond KY 40475
Phone: 859-624-5826
Hours:
Services: Through our Worship and Service Center, Thrift Store and Emergency Shelter we assist and encourage people year round in their time of need through holistic ministries and programs that offer immediate and long-term solutions to spiritual, physical, emotional and social needs.

Prevention and Screening

**Jackson County**

**Jackson County Health Department**
Phone: 606-287-8421
Fax: 606-287-4199
Hours: 8 AM-4:30 PM Monday-Friday
Web Address: http://www.jacksoncountyky.us/community/health_center.html
Services: Preventive Health Care Screening
- Cancer Screening
- Tuberculosis Screening
- Sexually Transmitted Disease
- HIV Testing and Counseling
- Tobacco Prevention and Control
- Vital Statistics

Senior Care

**Fayette County**

**Best Friends Day Center**
Address: 1065 Dove Run Rd Ste 2 Lexington, KY 40502-3524
Phone: 859-258-2226
Services: An adult day program for persons who have an irreversible memory disorder and their families. Their program provides the person with memory loss with a safe, creative environment, rich with therapeutic activities. In addition, they provide respite and peace of mind for the caregiver who is often on call 24 hours a day.

The Ridge
Address: 3050 Rio Dosa Drive Lexington KY 40509
Phone: (859) 269-2325
Fax: (859) 268-6456
Web Address: http://www.ridgebhs.com/
Services: Provides inpatient services for: older adult, adult psychiatric services, adult chemical dependence, adolescent psychiatric, adolescent chemical dependency, child psychiatric. The Ridge provides outpatient services for: adult PHP/IOP, adolescent PHP/IOP, older adult PHP/IOP, and suboxone treatment center. Accepts Medicare, Medicaid, and most commercial insurances.

Madison County
Senior Citizens Center
Address: 1215 W. Main Street Richmond KY 40475
Phone: 859-623-0474
Web Address: http://www.foothillscap.org/Services/SeniorCenters.html
Services: KRFDC's four Senior Citizens Centers provide seniors sixty years and older with socialization, recreation, exercise programs, and nutritious meals.
Contact Person: Heather Slone, email: hslone@foothillscap.org

Address: 214 W. Jefferson Street Berea, KY 40403
Phone: 859-986-8350
Contact Person: Paula Woodman, email: paulawoodman@foothillscap.org

Senior Renewal Center
Address: 305 Estill Street, Berea, KY 40403
Phone: 859-986-3151
Web Address: http://www.sjhlex.org/berea-senior-renewal-center
Services: Individual counseling
  Individualize group therapy with other senior adults struggling with similar issues
  Family therapy
  Regular communication with family members
  Regular meetings with assigned case managers

Shelters
Fayette County

The Lighthouse Ministries-The Nehemiah House
Address: 185 Elm Tree Lane Lexington, KY 40507
Phone: 859-259-3434
Fax: (859) 226-9362
Web Address: http://www.thelighthouseministries.org/nehemiah.htm
Services: When a client begins the Nehemiah House program, he commits to attend two months of classes and training during the week days. These sessions deal with a variety of job and life skills issues, and try to lend a Biblical point of view to the subject matter.

All clients will be housed at Lighthouse Ministries' Nehemiah House on Elm Tree Lane. They will incrementally transition back into full time employment during their stay. Meals and basic necessities will be provided for them as they work to get their lives back on track. Residents fully complete the program after six months.

Who Qualifies: The Nehemiah House is designed for men who have fallen on difficult times and need some assistance finding employment or housing. It helps these men remove barriers that stand in the way of an independent lifestyle. We also accept men who are experiencing spiritual lows and need help discovering or rediscovering God's love for them.

*Applications are accepted Monday-Friday from 9-5

Lexington Rescue Mission: Life Renewal Program
Address: 444 Glen Arvin Avenue Lexington, KY 40508
Phone: (859)381-9600; (859) 381-1114
Fax: (859)381-9603
Web Address: http://www.lexingtonrescue.org/
Services: Free housing and employment counseling, medical care and life-skills classes are also offered. These service are case-management driven, allowing us to address the needs of the whole person, and are heavily dependent on volunteers. Men's shelter. Christian based. Men with substance abuse issues. Year long program.

M.A.S.H. Services of the Bluegrass
Address: 540 West Third Street, Lexington, Kentucky
Phone: (859) 254-2501
Web Site: http://mashbluegrass.org/
Service: MASH Services of the Bluegrass, Inc. provides safe alternatives for at-risk children, youth and their families through services and referrals that promote positive growth and development. Programs Offered: Emergency Shelter, 24-Hour Crisis Intervention, Safe Place Services, Counseling and Case Management, Parenting Support, Independent Living Skills Development, Respite Care, Information and Referral, Street Outreach.

Catholic Action Center
Address: 400 E. 5th St. P.O. Box 324 Lexington, Kentucky 40588
Phone: (859) 255-0301
Hours: 7 days a week, 8-7
Web Site: http://www.godsnets.info/catholicactioncenter.htm
Services: The center is a house of hospitality that welcomes all who are in need. Three meals a day, shower and restroom facilities, mail receipt, a telephone, clean clothing and a place to gather are all a part of the hospitality offered. Caring ears to listen and connections with social service agencies are also available.

**Hope Center**
Address: 360 West Loudon Ave. Lexington Ky 40508
Phone: (859) 252-7881
Fax: (859) 255-0749
Web Address: http://hopectr.org/
Services: Provides programs including: emergency shelter, recovery programs for men and women, detention center recovery program, mental health program, social services, health clinic, employment program, transitional housing program, Hispanic program, VA program, WARM (HIV) program, HillRise Place Apartments, and Mobile Outreach.

**Jackson County**

**Red Bird Mission**
Address: 70 Queendale Center, Beverly, KY 40913
Phone: (606) 598-0520
Website: www.rbmission.org
Services: Two transitional units for families with children. Food, clothing and transportation assistance; pre-natal and parenting education service referrals.

**Daniel Boone Community Action Agency, Inc.**
CSBG Homeless Program
Address: 310 US 421 North McKee, KY  40447
Phone: (606) 287-4484
Services: Food and transportation assistance; emergency lodging assistance; job and service referrals.

**Madison County**

**Hope's Wings Domestic Violence Program**
Address: P.O. Box 488, Richmond, KY 40476
Phone: 859-623-4095
Crisis Hot-line: 877-HOPE-040
Email: info@hopeswings.org
Services: crisis intervention, emergency shelter, transitional housing, court and medical advocacy, child advocacy, counseling, transitional housing, support groups, educational groups, and community education and awareness.

**New Liberty Homeless Shelter**
Address: 123 Pine Street Richmond KY 40475
Phone: 859-623-4564
Hours:
Web Address: http://www.foothillscap.org/Services/HomelessShelter.html
Services: The New Liberty Homeless Shelter provides temporary shelter for homeless families for up to six months, while working with these families to obtain permanent housing. The shelter has six two and three bedroom apartments equipped to handle homeless families with children. Staff works intensively with the families, providing counseling and crisis assistance.
Contact Person: Betty Miller, email: bmiller@foothillscap.org

**Tenant Based Rental Assistance Program**
Address: 309 Spangler Drive Richmond KY 40475
Phone: 859-624-2046
Hours:
Web Address: http://www.foothillscap.org/Services/TBRA.html
Services: Eligible persons are homeless who live on the street, in an emergency shelter, in places not meant for human habitation, being evicted within a week, being discharged within a week from an institution in which the person has been a resident for more than 30 days, or fleeing a domestic violence situation. Provides rental assistance, security deposit assistance, utility allowance (if qualifies), case management, transportation, medical assistance, budget/credit classes, food assistance, heating/cooling assistance, utility assistance, educational assistance, GED preparation and referrals.
Contact Person: Misty Ramsey, email: mramsey@foothillscap.org

**Habitat for Humanity**
Address: 1417 East Main Richmond KY 40475
Phone: 859-625-9208
Web Address: http://www.habitatmadisonclark.org/
Services: Habitat for Humanity of Madison & Clark Counties is committed to providing simple, decent, affordable housing in partnership with our community and God’s people in need. We serve all of Madison and Clark Counties, Kentucky, including the cities of Berea, Richmond and Winchester.

**Rockcastle County**
**Family Life Abuse Center**
Christian Appalachian Project
Address: P.O. Box 674, Mt. Vernon, KY 40456
Phone: (606) 256-9511
Crisis line: (800) 755-5348
Services: Family Life Abuse Center (FLAC) is a 16-bed emergency shelter and advocacy center for victims
of domestic violence and their dependent children. The Center serves Bell, Clay, Harlan, Jackson, Knox, Laurel, Rockcastle, and Whitley counties (Cumberland Valley Area Development District). FLAC provides a safe, secure living environment with food, clothing, and the basis necessities at no charge to the victim. FLAC staff is ready 24 hours per day to respond to the center’s toll-free hotline for crisis intervention which helping victims of Domestic Violence and their children lead a life free of abuse.

**Ashlee Carter Homeless Shelter**
Daniel Boone Community Action Agency, Inc.
CSBG Homeless Program
Address: 105 E. Main St., Mt. Vernon, KY 40456 (Betty Carter Bussell-manager)
Phone: (606) 256-5315
Services: Families (3 separate apartment units, length of stay up to 3 months); food bank referrals; FEMA services; emergency services; heating assistance program and TBRA.

**Jackson and Rockcastle Counties**

**Christian Appalachian Project - Outreach**
Address: RR 4, Mt. Vernon, KY 40456
Phone: (606) 256-4810
Services: Financial and utility assistance; referral services. Serves Clay, Jackson and Rockcastle counties.

**Transportation**

**Madison County**

**Foothills Express (Kentucky River Foothills Development)**
Address: 309 Spangler Drive Richmond KY 40475
Phone: 859-624-3236/ 1-800-819-7083
Web Address: http://www.foothillscap.org/Services/Transportation.html
Services: Foothills Express operates a public deviated-fixed transportation route in Berea, Richmond, and Winchester. Riders are able to board the bus at any of the stops we have set up for only $1. These stops include stores, apartment communities, city and county offices and businesses. Wheelchair assisted door-to-door service is available for no additional cost. Bulk passes are available.
Contact Person: David Sowder, email: dsowder@foothillscap.org

**Women’s Care**

**Madison County**

**New Opportunity School for Women**
Address: 204 Chestnut St. Berea KY 40403
This need gave rise to the New Opportunity School for Women's Mission of improving the educational, financial, and personal circumstances of low-income, middle-aged women in Kentucky and the south central Appalachian region.

Email: info@nosw.org

**Pregnancy Help Center**

Address: 200 South Third Street Richmond, KY 40475  
Phone: 859-624-3942  
Hours: Tuesday-Thursday 9-4, by appointment only  
Web Address: http://www.madisonphc.org/  
Services: They offer free pregnancy tests, accurate information, mother and baby resources and referrals, and post abortion support.  
Email: pregnancyhelpcen@bellsouth.net

**Mujeres Unidas**

Address: 309 Spangler Drive, Richmond, KY 40475  
Phone: 859-624-2046  
Hours:  
Web Address: http://www.foothillscap.org/Services/MujeresUnidas.html  
Services: Mujeres Unidas (United Women) is composed of women from Central America whose goal is to learn skills that can help them become economically independent. Women receive training in sewing skills, crochet, and jewelry. The program also focuses on housing assistance and self-development. Participants also take English classes.  
Contact Person: Sandra Anez Powell, email: sandrapowell@foothillscap.org