

Mount Sterling

Common Good for the Commonwealth

Health Education in Tennis Shoes

The Saint Joseph Mount Sterling team enthusiastically launched the national “Walk with a Doc” locally as it fit in beautifully with the Implementation Strategy developed following the completion of the Community Health Needs Assessment. Health education was identified as a top priority, and the first goal was to “Increase community awareness/education of pertinent health issues/topics.” Introducing the “Walk with a Doc” program to the Mount Sterling/Montgomery County community allowed our area health care professionals to talk about specific health issues and concerns in an unconventional setting –



encouraging dialogue with patients. Although off to a slow start due to extreme weather conditions, enthusiastic participants – including dogs and children – are growing as the program becomes better known.

— TO BRING —
wellness, healing
& **HOPE**
to all

Benny Nolen
President

Sr. Janet Carr
Mission Leader

Saint Joseph Mount Sterling

225 Falcon Drive
Mount Sterling, KY 40353

859.497.5000

KentuckyOneHealth.org/HealthyCommunities

Montgomery County Homeless Coalition Finds Assistance from Saint Joseph Mount Sterling



The awareness of the situation of homelessness in Montgomery County dramatically increased following the formation of the Montgomery County Homeless Coalition in September 2014. Several Saint Joseph Mount Sterling employees began attending coalition meetings and discussed the issue with coworkers. The question “How can we help?” was heard often.

As a result of these multiplying conversations, a project to collect personal care items began. More than 100 care packets were assembled and delivered for distribution. One department then organized a Bake Sale/Cake Auction to raise money for other needs the coalition might have. The grassroots effort raised nearly \$700 for the needs of this often invisible segment of the community.


KentuckyOne Health®
Saint Joseph Mount Sterling