

# Lexington

## Never Forgotten

A MISCARRIAGE IS A NATURAL AND COMMON EVENT. ALL TOLD, PROBABLY MORE WOMEN HAVE LOST A CHILD FROM THIS WORLD THAN HAVEN'T. MOST DON'T MENTION IT, AND THEY GO FROM DAY TO DAY AS IF IT HADN'T HAPPENED, SO PEOPLE IMAGINE A WOMAN IN THIS SITUATION NEVER REALLY KNEW OR LOVED WHAT SHE HAD. BUT ASK HER SOMETIME: HOW OLD WOULD YOUR CHILD BE NOW? AND SHE WILL KNOW.

-Barbara Kingsolver

As many as one in four pregnancies end in miscarriage. Usually, the miscarriage is not acknowledged by others.

The caring staff at Saint Joseph Hospital and The Women's Hospital at Saint Joseph East has long cared compassionately for patients who experience miscarriage. They even send their patients cards after they are discharged. As a faith-based health ministry, the care team longed to *bring wellness, healing and hope* at an even deeper level. For more than two years, a small group of dedicated people worked to find a way to enhance care and healing for these patients. Their work came to fruition at a prayer service and burial on February 11, 2015 at Calvary Cemetery in Lexington.

Invitations were sent to former patients, other area hospitals, physician offices, to churches and community groups.

The response was overwhelming.

The crowd filled the Via Dolorosa Mausoleum and sang, prayed scripture, shared experiences of grief and loss, and commended the miscarried babies to God's loving care. A woman who experienced a miscarriage decades ago shared her story. Others with more recent miscarriage sat with quiet tears. Many expressed gratitude for the gathering, remembering and offering an experience of healing saying, "You have no idea what this meant to me".

A similar gathering is now held every other month. Twenty to forty people – parents, children, grandparents, pastors, friends and others – come together to acknowledge, grieve, pray and heal. They gather before the crypts that are inscribed with a quote of Pope Francis: *"All life has inestimable value, even the weakest and most vulnerable...are masterpieces of God's creation, made in his own image, destined to live forever, and deserving of the utmost reverence and respect."*

They celebrate the lives that have been lost – each represented by a candle that family members may keep. Other hospitals are asking how they might join us or begin such a service.

Grief never ends...but it changes. It's a passage, not a place to stay. Grief is the price of love.

Common Good for the Commonwealth

TO BRING  
*wellness, healing*  
& **HOPE**  
to all



**KentuckyOne Health**®  
**Saint Joseph Hospital**

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### Serving with Gratitude

Sister Betty Shelton, SCN, and the Sisters of Charity of Nazareth began the Appalachia Outreach Project in 1986 to serve those in need who were discharged from Saint Joseph Hospital. Since then, outreach has increased from nine counties to 32 and services have grown to include nutrition, pastoral and social services.



Working in the communities and seeing the need compelled the outreach staff to establish the Christmas Partners Project in 1992. They knew the need was much bigger than their department and began to encourage employees to adopt a family or person in need to provide clothing, food, toys and other gifts. With very little effort, twenty families were served.

By 2014, the number of people and families whose Christmas has been made a little brighter has grown

“THE RULER WILL ANSWER,  
‘AMEN, I SAY TO YOU, WHATEVER YOU DID  
FOR ONE OF THE LEAST OF THESE BROTHERS  
AND SISTERS OF MINE, YOU DID FOR ME.’”

- Matthew 25:40

to 171. Families and individuals are chosen by the outreach team or referred by departments, school systems, clinics and doctors' offices.

In addition, goodie bags were provided to nursing home residents and toys were distributed to children at several clinics during the week of Christmas.

Barbara Baumgardner, dietitian, leads the project. Employees and volunteers from Saint Joseph Hospital, Saint Joseph East, Saint Joseph Jessamine, Continuing Care Hospital Saint Joseph Berea and Saint Joseph Mount Sterling graciously open their hearts and purses to bring a little cheer to one of the most special days of the year – Christmas. In doing so, they make God's presence felt and bring wellness, healing and hope to all including the underserved.

A wonderful example of being the hands, feet, and heart of Christ!



### Say “Yes!” to Mammograms

Nearly 600 Kentucky women die of invasive breast cancer every year. One of the best ways to detect cancer in the earliest, most treatable stages is a mammogram. However, the cost of getting to the appointment and paying for the test itself can keep women from getting the lifesaving care they need.

The Yes, Mamm! program provides mammograms, patient navigation and travel assistance at no cost for any underinsured woman or man in the central or eastern Kentucky region who qualifies. Since its inception in 2012, more than 500 free mammograms and breast screenings – including ultrasounds – have been completed through this Saint Joseph Hospital Foundation program. Mammograms, breast ultrasounds and biopsies are performed at KentuckyOne Health



Breast Care at Saint Joseph East.

Yes, Mamm! is successful because of collaboration. Susan G. Komen Lexington, the Kentucky Breast Cancer Research and Education Trust Fund and the Kentucky CancerLink are some of the partners, along with KentuckyOne Health, that help fund the program and identify potential recipients.

“Together we can help provide assistance for essential, no-cost breast screenings that helps save lives. If breast cancer is found, the KentuckyOne Health team helps navigate patients from their imaging test through their last treatment,” said Di Boyer, director of major gifts at the Saint Joseph Hospital Foundation.

**Bruce Tassin**  
*President*

**Lynnette Rauvola Bouta**  
*Mission Leader*

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